



Course Overview

Emergency First Response Program #HST.100



CPR and First Aid: Emergency First Response Primary and Secondary Care First aid and CPR are good skills for anyone involved in adventure sports or other activities - just in case. And, you need these skills for the PADI Rescue Diver course.

Emergency First Response is a PADI affiliate that specializes in teaching these lifesaving skills - and they're for anyone, not just divers.

The fun part about Emergency First Response training is learning serious medical emergency response skills in an upbeat, positive environment. You gain the confidence knowing that you are prepared to help in an emergency.

What You Learn in the EFR Primary and Secondary Care Courses

- BLS (Basic Life Support) CPR and rescue breathing at the layperson level
- AED (automated external defibrillator) use
- Preventing and caring for shock
- Spinal injury management
- Use of barriers to reduce disease transmission risk
- Basic first aid and first aid kit considerations
- Oxygen use and considerations

This is an instructor led program and all materials will be covered in the exciting six hour class. With a combination of academics, video presentations, and hands-on skill practice with our instructors, you'll go home with the knowledge, confidence and skills to provide basic emergency care. The optional Primary and Secondary Care Manual and DVD are available to preview prior to the class, and provide additional emergency scenarios and step-by-step skill demonstrations. We recommend a copy for reference and review at home to keep your skills sharp and confidence high!

Agency Certification

PADI

Course Name & Certification Issued

PADI Emergency First Response

Student Prerequisite(s)

None

Minimum Age

No minimum Age

Class Session(s) (hours)

1 (5)

Required Student Materials

Oral/Nasal Pocket Mask
EFR Participant Manual

Materials included in Course Fee

Handouts

Library Items Available?

EFR DVD

Class Start Dates

See Class Schedule for Dates

Course Fee

\$99

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